

Spartanburg District Two

Wellness Team

March 29, 2002

9:00 a.m.



- **Welcome**

Thank you for your commitment to the health and wellbeing of the students of Spartanburg District Two.

Spartanburg School District Two recognizes that student wellness and proper nutrition are related to students' physical well-being, growth, development, and readiness to learn. The district is committed to providing a school environment that promotes student wellness, proper nutrition, nutrition education, and regular and physical activity as part of the total learning experience. In a healthy school environment, students will learn about and participate in positive dietary and lifestyle practices.

- **Introductions**



Meeting called to order, 9:00 am 3/29/22. Mrs. Watson shared that we are focusing on the wellness and wellbeing of our students, which is a lifetime commitment. Thank you to everyone participating.

Welcome to Our Wellness Team 2022

Team Member	Role
Brandon McKillop	School Board Chair/Member and Parent
Drew Fisher	PE Teacher, CES
Eva Acosta	Student Representative, RLM
Amber Comer	Assistant Principal, BSM
Autumn Steadings	School Nurse and Parent, SCE
James P. Bianchi	District Nurse Manager
Megan Bayliff	District Gifted and Talented Teacher and Parent
Ben Settle	PE Teacher, CSF
Mark Beheler, PE Teacher	PE Teacher, BSE
Noah Rucker	Director of Food Services
Deana Watson	Director of Elementary and Middle Level Education



Present for Zoom Meeting:

Drew Fisher, Amber Comer, Autumn Steadings, James P. Bianchi, Megan Bayliff, Ben Settle, Mark Beheler, Noah Rucker, Deana Watson, Andrea Fantacone
Eva Acosta was experiencing computer issues but was present. All had the opportunity to share what their schools are able to offer the students under this program. Items such as fruit, additional options for lunch (hot, fresh, cold), adding more healthy choices for breakfast and lunch.

Drew Fisher, Ben Settle, Amber Comer celebrated their 4th and 5th year on committee. Mark Beheler, James Bianchi and Deana Watson are in their 1st year. Mark Beheler is now our District Liaison for Elementary Fitness Grants. The theme is 'Make it Count'. Congratulations! Mrs. Watson asked about Mr. Beheler preparing a PD at BSE using their new fitness system.

Overview of the Wellness Policy

- [Spartanburg School District Two Wellness Policy 2020](#)
- [Triennial Assessment Report](#)
- Public access to our policy, updates, assessments and notes for meetings

<https://www.spart2.org/>



Mrs. Watson explained the objective of this overview. The Wellness policy will be presented to the Board of Trustees once the committee reviews the existing policy along with the Triennial Assessment and minutes from the last meeting. The State waived 2020-2021 meeting. Mrs. Watson shared how to locate the policy, report, etc on the Spart2.org website. Committee was asked to review the existing policy and offer comments directly to Mrs. Watson and Mr. Rucker. This is a comprehensive policy, focusing on food services, physical activity, and professional development. Carolina Cabe, former D2 coach is providing excellent PD opportunities for Elem and Middle level. Ms. Cabe works with Ms. Norman Mayfield to provide this training. Mr. Beheler and Mr. Settle shared the training is good, and we are focusing on PE PD that includes modification to fit Elementary. Elem/Middle/High are separated, and the changes have been good, moving in a positive direction.

Food Services

- Food Service Website
- Smart Snacks and Beverages
- Dinner and Snack programs
- Wellness Policy Changes since last meeting
- Suggestions for revisions to the district guidelines, suggestions for improving wellness initiatives



Mr. Rucker discussed the information available on the Food Service Website and encouraged everyone to take a look. He also shared that we are now 100% smart snack in our vending machines. We also offer dinner and snack programs at many schools who are 50% Free or Reduced, and is working on including the balance of the schools.

There were two changes to the Wellness policy - 1) adding Mrs. Watson as a responsible party for our district, and 2) We now have 30 one-day events of nonexempt food services fund raisers at our schools vs 90 days previously. Thank you to Mrs. Cabe and Mrs. Comer.

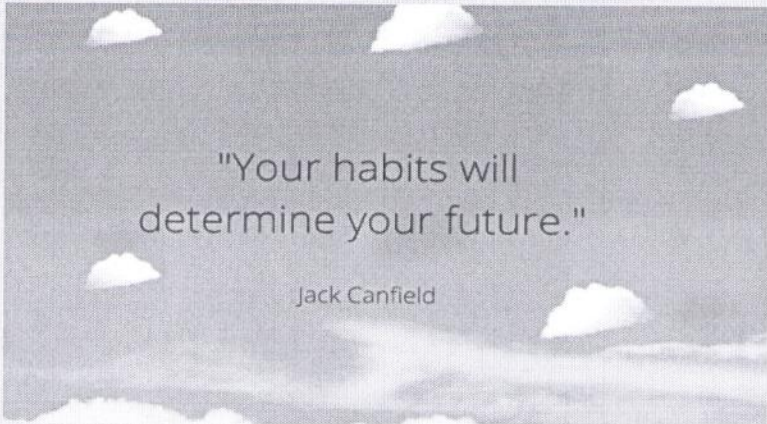
An issue was raised by Mrs. Steadings regarding the water fountains at SCE. Question regarding access to fillable water fountains or stations was discussed. Most schools have fillable water fountains, Mr. Paul Hollifield, Dir of Maintenance is addressing the situation at SCE. Mr. Bianchi commented that this issue was probably a District Office level decision and he expected an answer by end of Spring break. Mr. Rucker will follow up with his cafeteria managers regarding making water available for the students.

Mr. Rucker shared that we purchase produce from Greer, who locally sources their items. The farm to table aspect of our products will be promoted. Five schools have fresh fruit with Breakfast and lunch provided by a \$149K grant. These schools are CES, MES, CSF, SCE, HES (our title schools). He shared we have nine schools with after school snacks and beverages, seven schools that offer breakfast, lunch, snack, and dinner.

Mrs. Watson asked each committee member to review the Wellness policy and

Assessment tool and share feedback regarding nutrition, physical activity and professional development after spring break.

The next meeting will be scheduled next school year. Thank you for participating! Mrs. Watson shared that B & G club provides snacks in a partnership with the schools.



"Your habits will
determine your future."

Jack Canfield